

SUBJECT OVERVIEW BY YEAR GROUP

CURRICULUM AREA: Life Skills

Health and Welfare play a fundamental part in the John Chilton School Curriculum. Elements of the curriculum area are detailed below.

These are accessed on a rolling programme termly, with all pupils accessing all areas over the year.

The table below gives an idea of the types of offer provided. For further information about this subject area, see the relevant policy.

Area of Curriculum	Themes
Travel Training and Community Awareness	<p>In the primary department:</p> <ul style="list-style-type: none">• Access the local community to develop awareness of local environment and the people around them in a safe way. <p>Phase 3:</p> <ul style="list-style-type: none">• Discrete timetable subject of Life Skills includes travel training and community awareness <p>Phase 4:</p> <ul style="list-style-type: none">• Travel training and community awareness extending the range of places they visit and the different types of transport they use depending on their ability. Mencap provide individual independent travel training to identified individuals.
Cooking The cooking sessions are taught by a specialist teacher.	<p>Primary department:</p> <ul style="list-style-type: none">• Prepare healthy meals which reflect the variety of cultures from within our school. <p>Phase 3:</p> <ul style="list-style-type: none">• Discrete timetable subject of Life Skills includes cooking <p>Phase 4:</p> <ul style="list-style-type: none">• Extend the range and complexity of the dishes made. Making healthy choices when designing menus and meals.
Gardening	<p>Primary department:</p> <ul style="list-style-type: none">• Visiting the school garden and working on group gardening and environmental projects. Learning how the garden changes over the different seasons and the different jobs that need doing throughout the year to look after the garden. Cultivating an area within the playground to provide access to a sensory garden for pupils at leisure times. <p>Phase 3:</p> <ul style="list-style-type: none">• Discrete timetable subject of Life Skills includes gardening <p>Phase 4:</p> <ul style="list-style-type: none">• Growing produce which can be sold at a profit which is re-invested for future gardening projects. The produce grown is also used to create healthy meals.

First Aid	Secondary department: <ul style="list-style-type: none"> • Basic first aid and health care
Transition	<ul style="list-style-type: none"> • EYFS visits and staggered start • New Year 7 plan of activities that include pupils and parents new to the school. This involves weekly sessions with the secondary staff and lunch in the dining room. • All pupils visit new classes and work alongside new teachers on a Transition Morning or Day in the summer term • Annual transition evenings for parents, carers and pupils in years 6, 9, 10 and 11 • Transition events held termly for secondary pupils and parents involving local leisure and education providers